<table>
<thead>
<tr>
<th>Day</th>
<th>Co-teacher</th>
<th>Location</th>
<th>Objective</th>
<th>Activities</th>
<th>Materials</th>
<th>Follow Up/HW</th>
</tr>
</thead>
</table>
| Monday      | Guillory/Guy/Williams/Gilbeaux | Aux Gym         | Objective: Students will gain the knowledge necessary to apply safety procedures in the gym. | Activities: 1. Roll call  
2. Hand out syllabus  
3. discuss course objectives  
4. gym procedures | Materials: Course Syllabus, Roll sheet | Follow Up/HW: No homework |
| Tuesday     | Guillory/Guy/Williams/Gilbeaux | Aux Gym         | Objective: Students will demonstrate the knowledge gained in yesterday’s class and acquire the basic rules associated with weight room safety. | Activities: 1. Roll call  
2. Review gym procedures & rules  
3. Purchase uniform  
4. Assign Squads | Materials: uniforms | Follow Up/HW: Students will need $20 to purchase uniform, also bring a combination lock to secure all personal belongings. |
| Wednesday/Thursday | Guillory/Guy/Williams/Gilbeaux | Aux Gym        | Objective: Students will gain necessary tool needed in class.             | Activities: 1. Roll call  
2. Review gym procedures & rules  
3. Purchase uniform  
4. Issue Lockers  
5. Begin fitness testing  
6. Sell uniforms | Materials: Roll Sheet, fitness equipment, lab books, uniforms | Follow Up/HW: Students will need $20 to purchase uniform (if prior action has not occurred) |
| Friday      | Guillory/Guy/Williams/Gilbeaux | Aux Gym        | Objective: Students will analyze fitness techniques and compare individual fitness results for decision-making and problem-solving. | Activities: 1. Roll call  
2. Review gym procedures & rules  
3. Purchase uniform  
4. Assign Squads  
5. Sell uniforms | Materials: roll sheet, uniforms | Follow Up/HW: Students will need $20 to purchase uniform (if prior action has not occurred) |